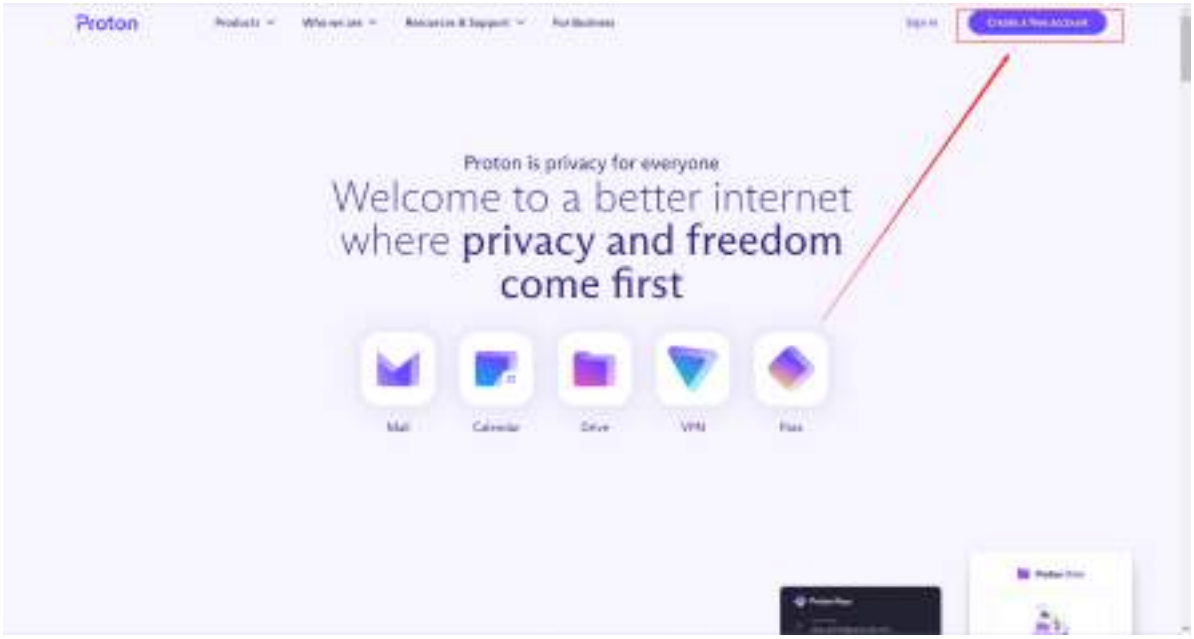
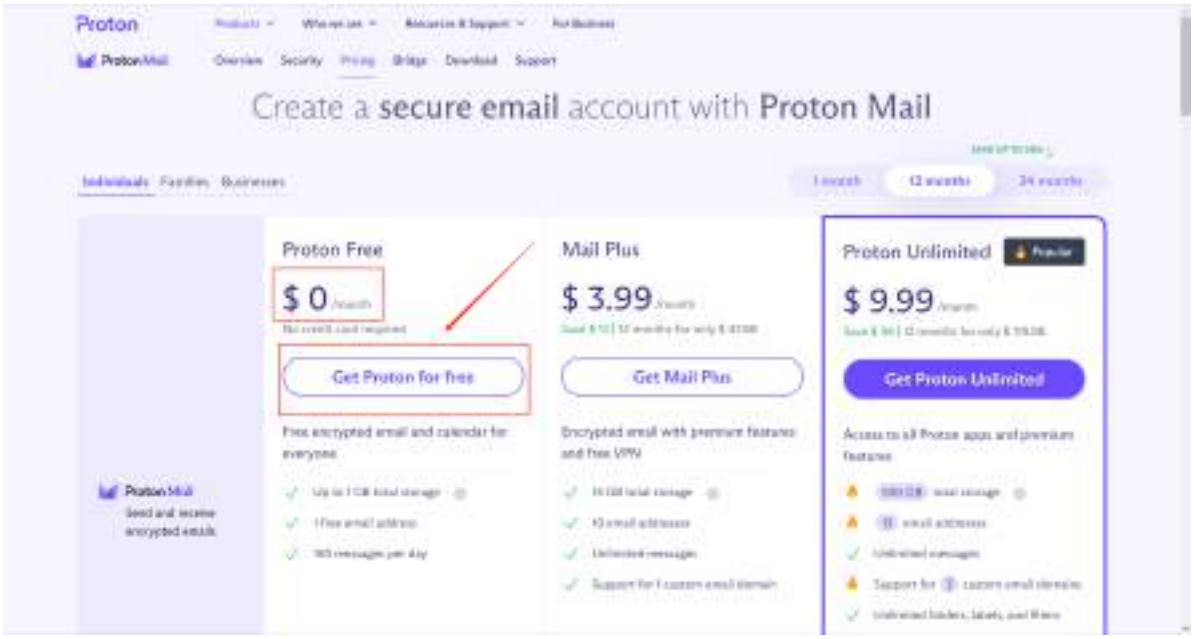
第一步 创建免费的账户

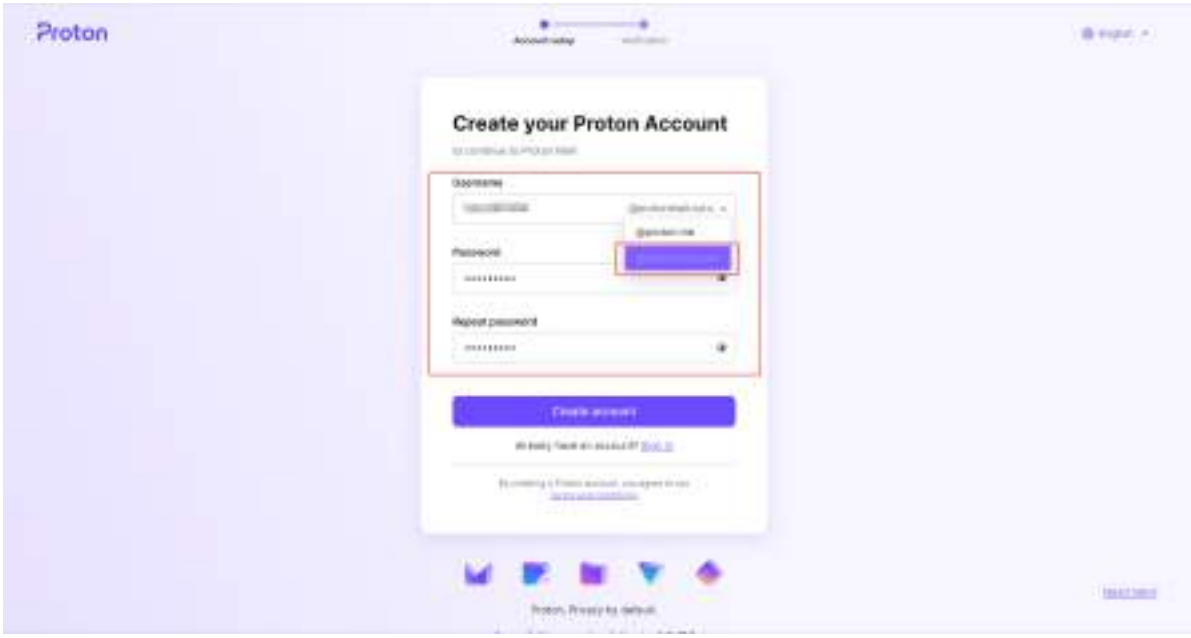
进入网站https://proton.me/



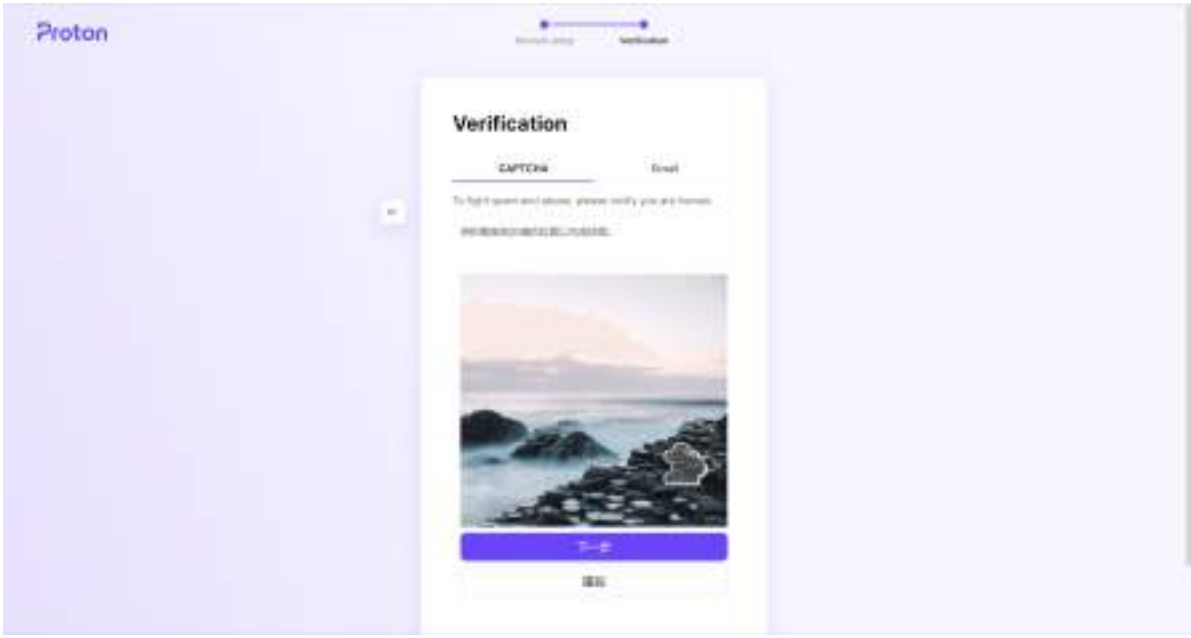
选择免费的计划



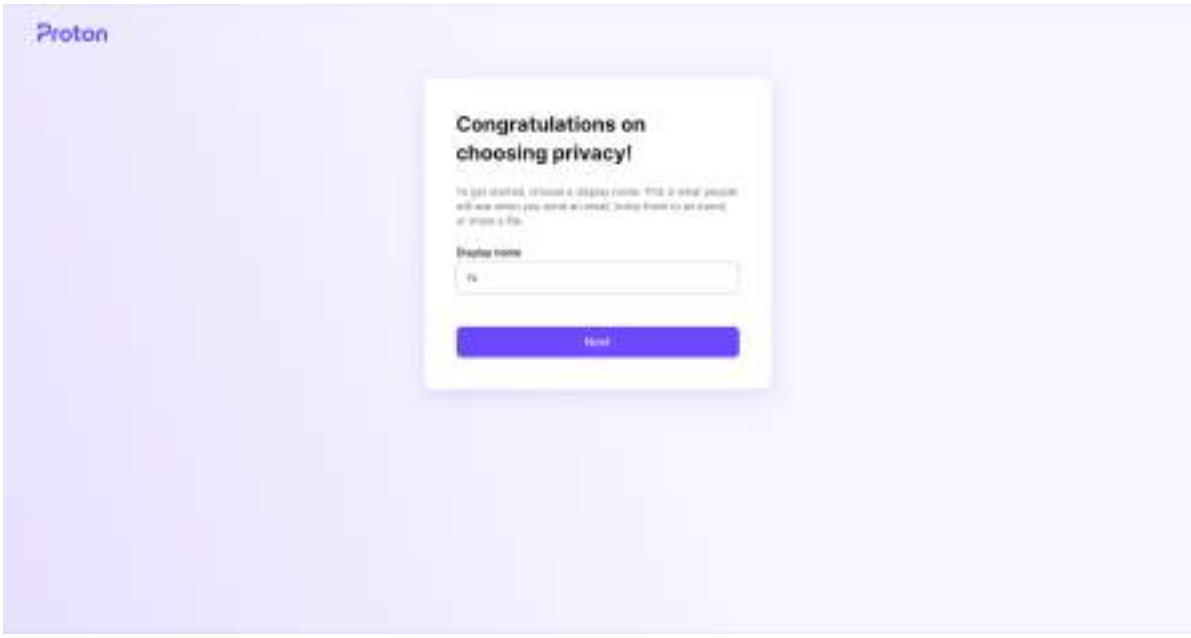
输入自己的信息　选择@protonmail.com　点击创建账户（create account）



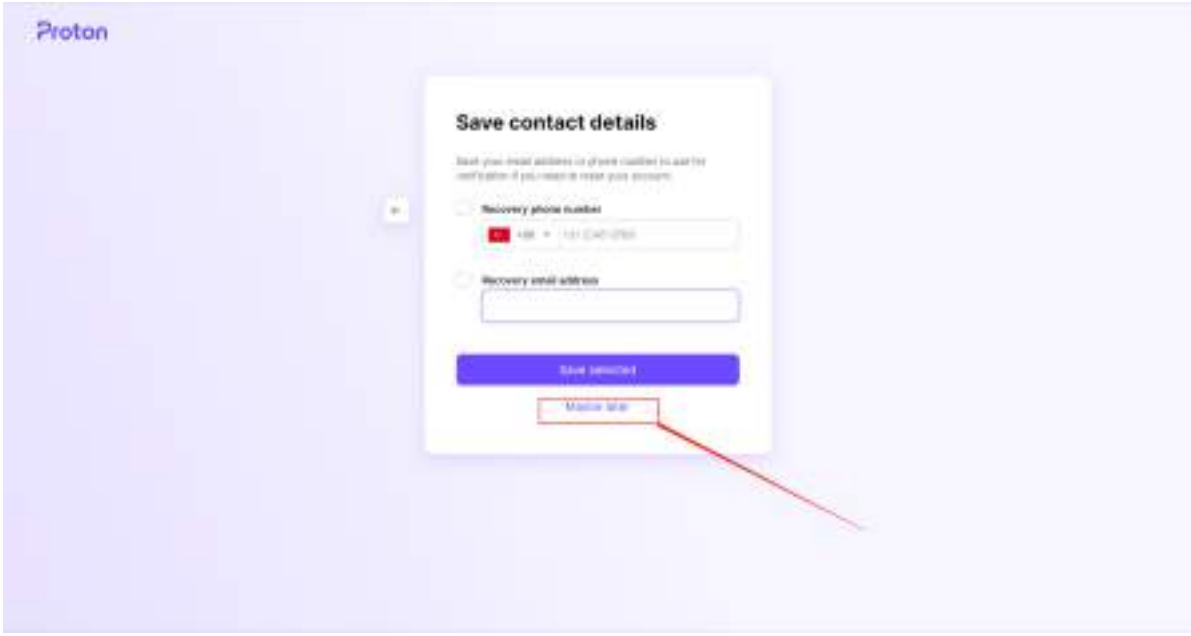
进行验证的操作



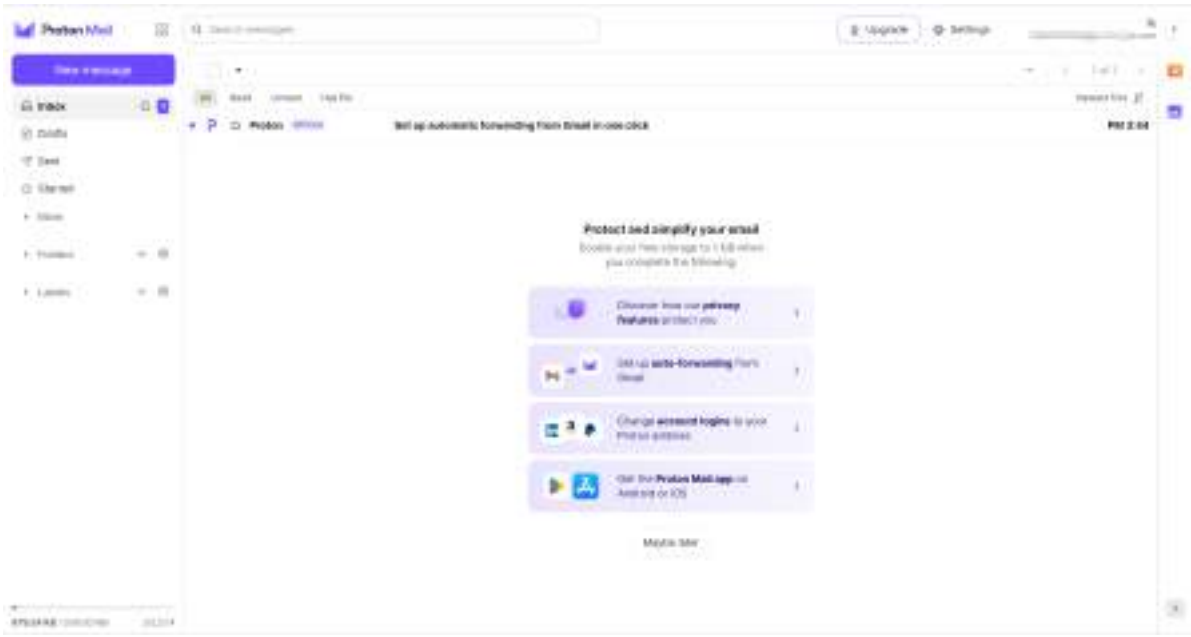
直接点解next即可！



选择这个！　然后点击confirm继续！

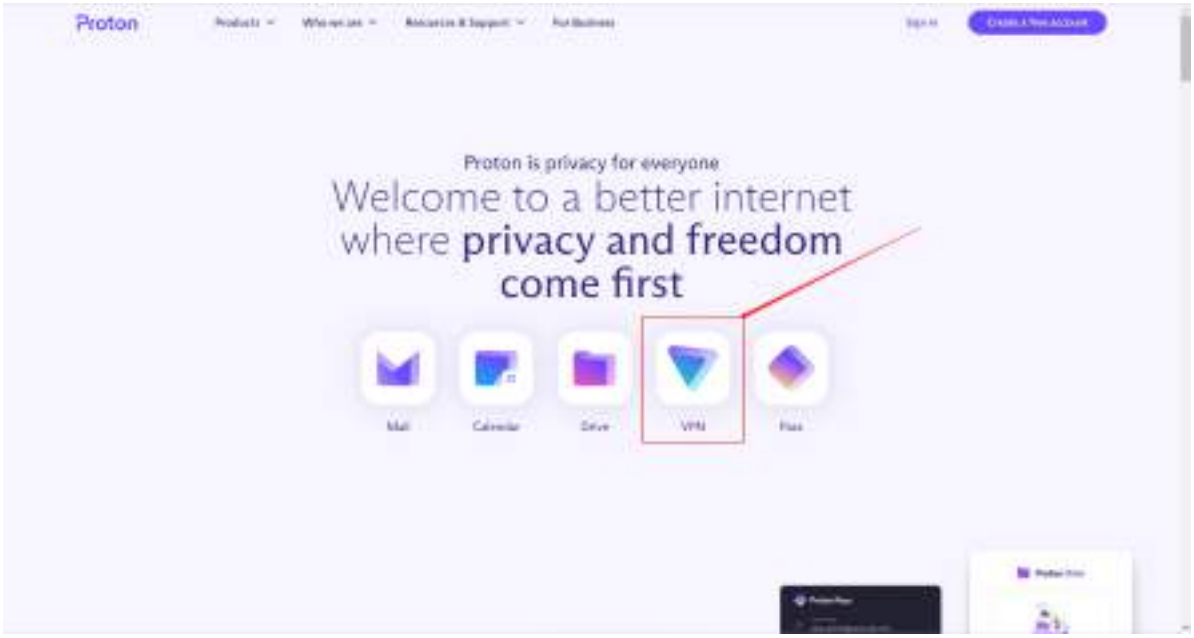


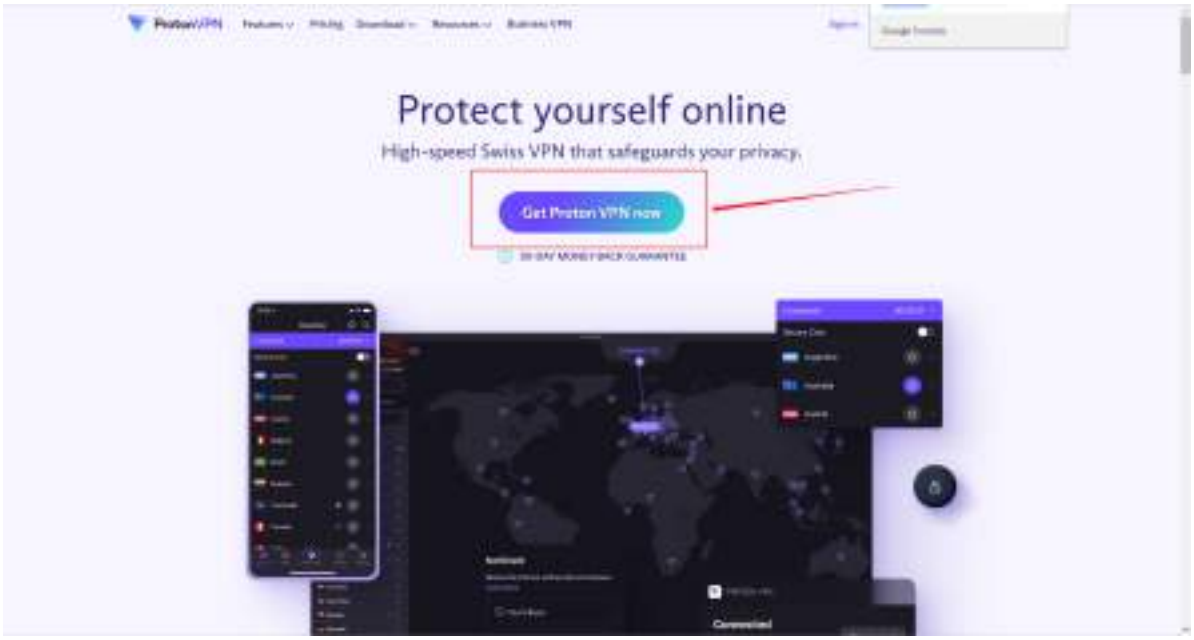
我们的账户就创造好了



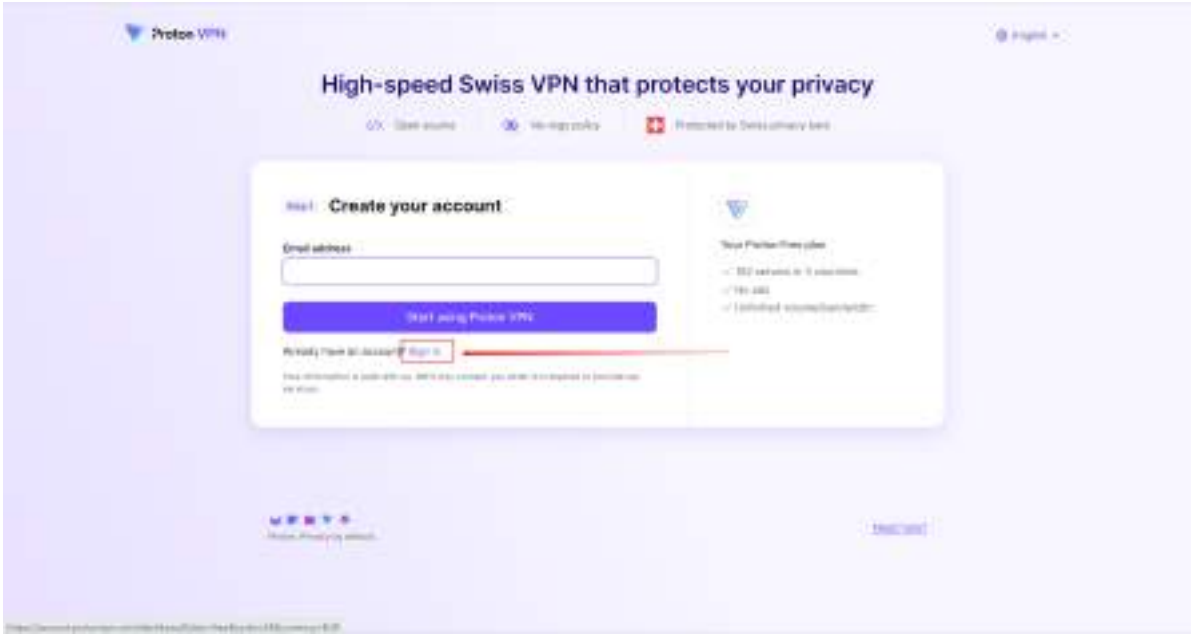
第二步 下载vpn

重新进入网站https://proton.me/

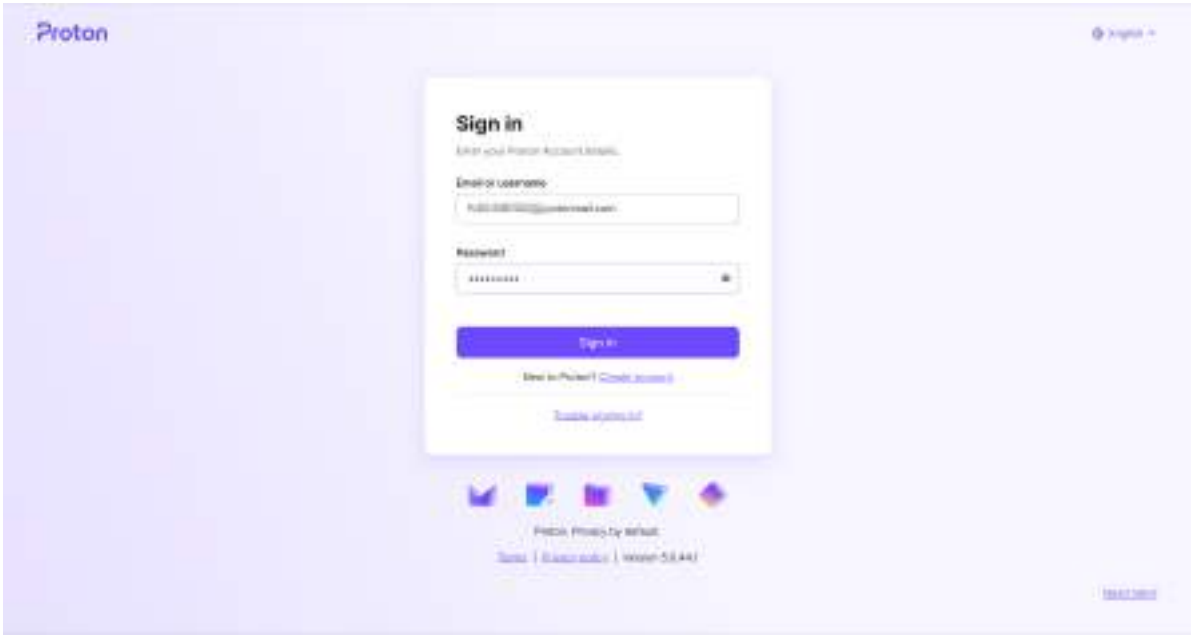

Proton
Proton is privacy for everyone
Welcome to a better internet where privacy and freedom come first
Mail
Calendar
Drive
VPN
Pass


Protect yourself online
High-speed Swiss VPN that safeguards your privacy.
Get Proton VPN now

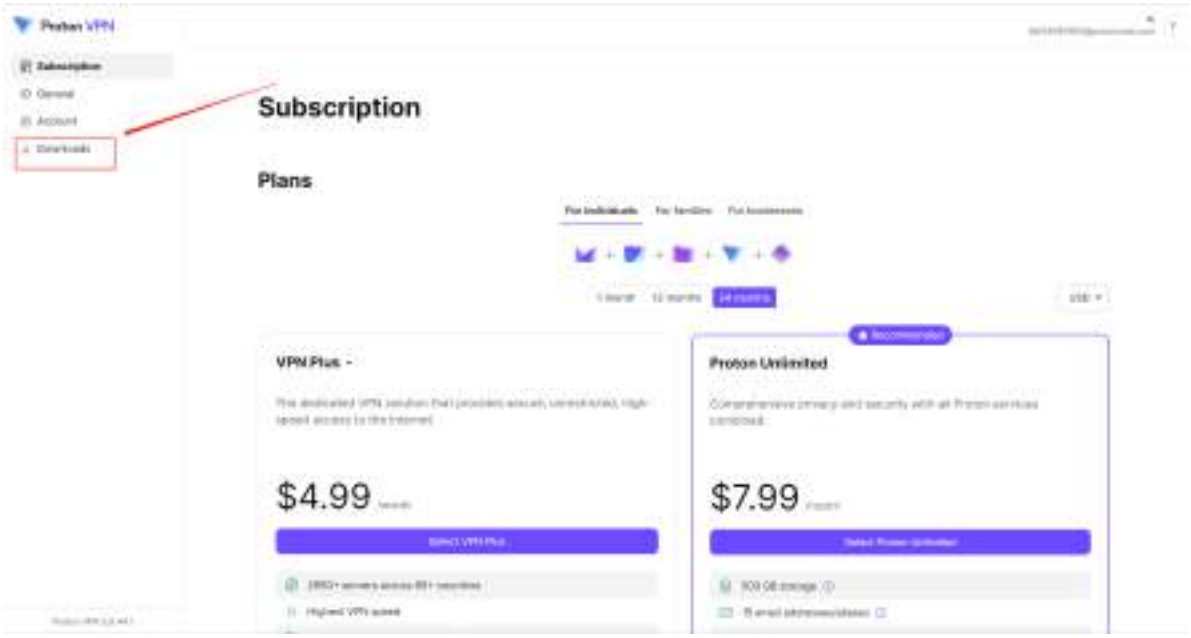
Security. Privacy. Freedom. For everyone.
BEST DEAL
1-month plan
11.49 €/month
Get 1-month plan
2-year plan
4.99 €/month
Get 2-year plan
1-year plan
5.99 €/month
Get 1-year plan
Proton Free



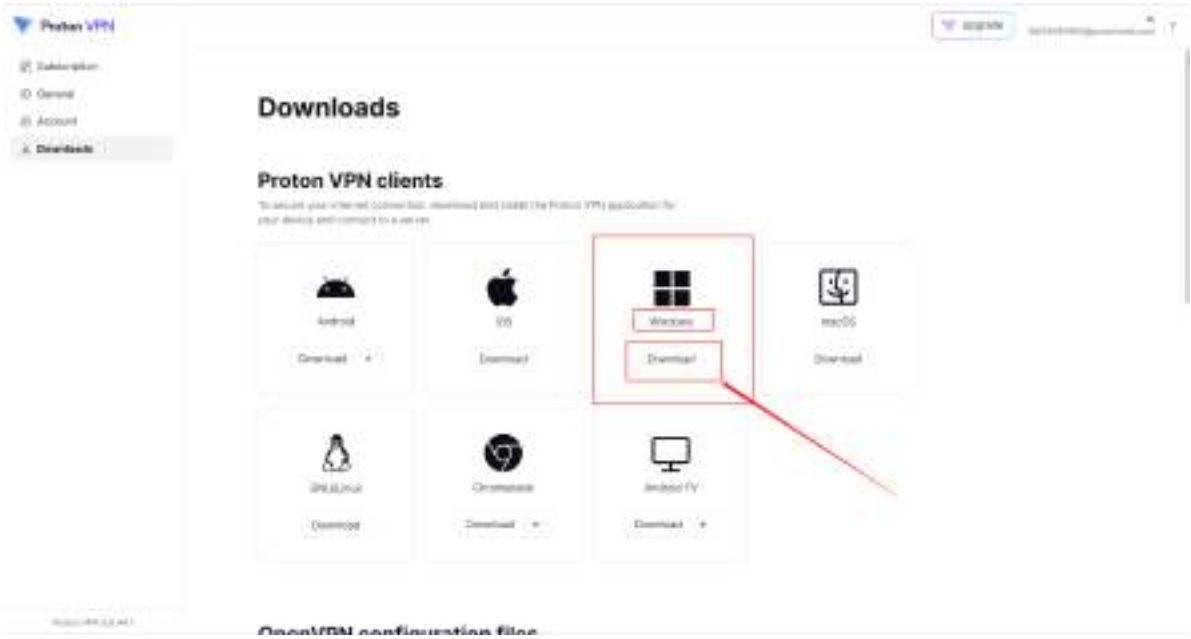
输入我们自己的信息！！！ 点击登录



下载

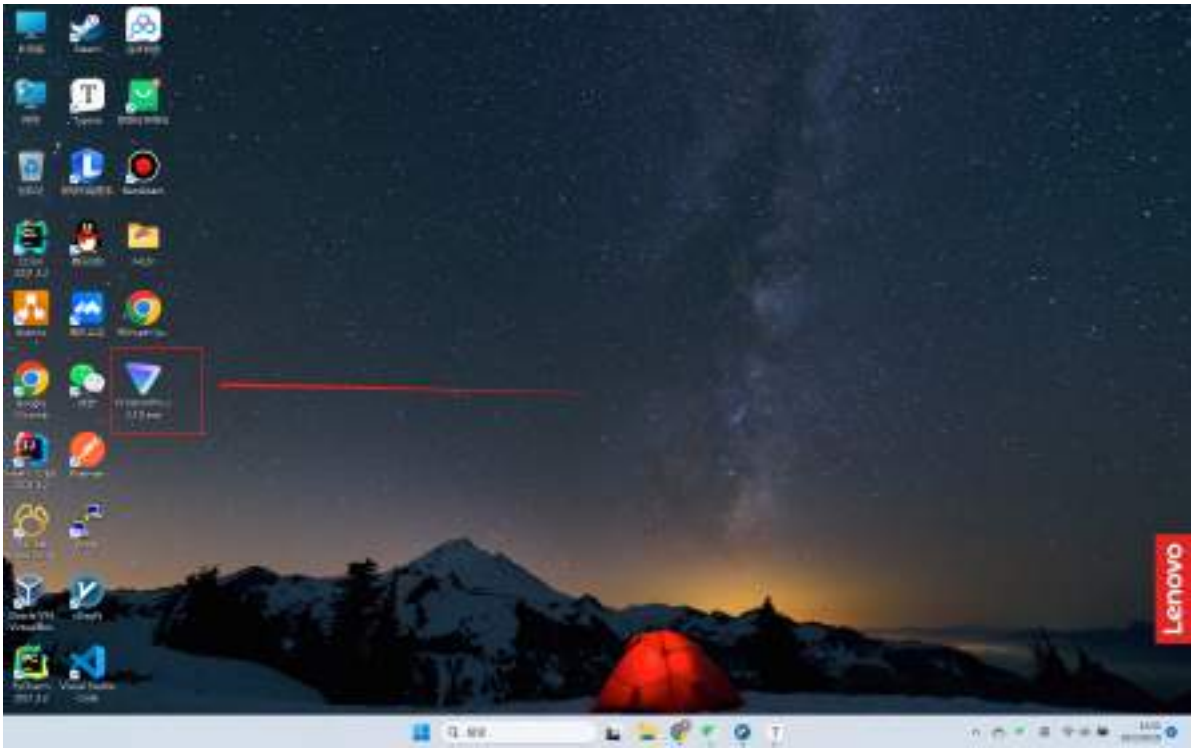


根据自己的系统，选择合适的版本下载



<我给你们下载好了已经，如果发现自己下载的很慢，可以直接安装压缩包里面的安装包！！！>

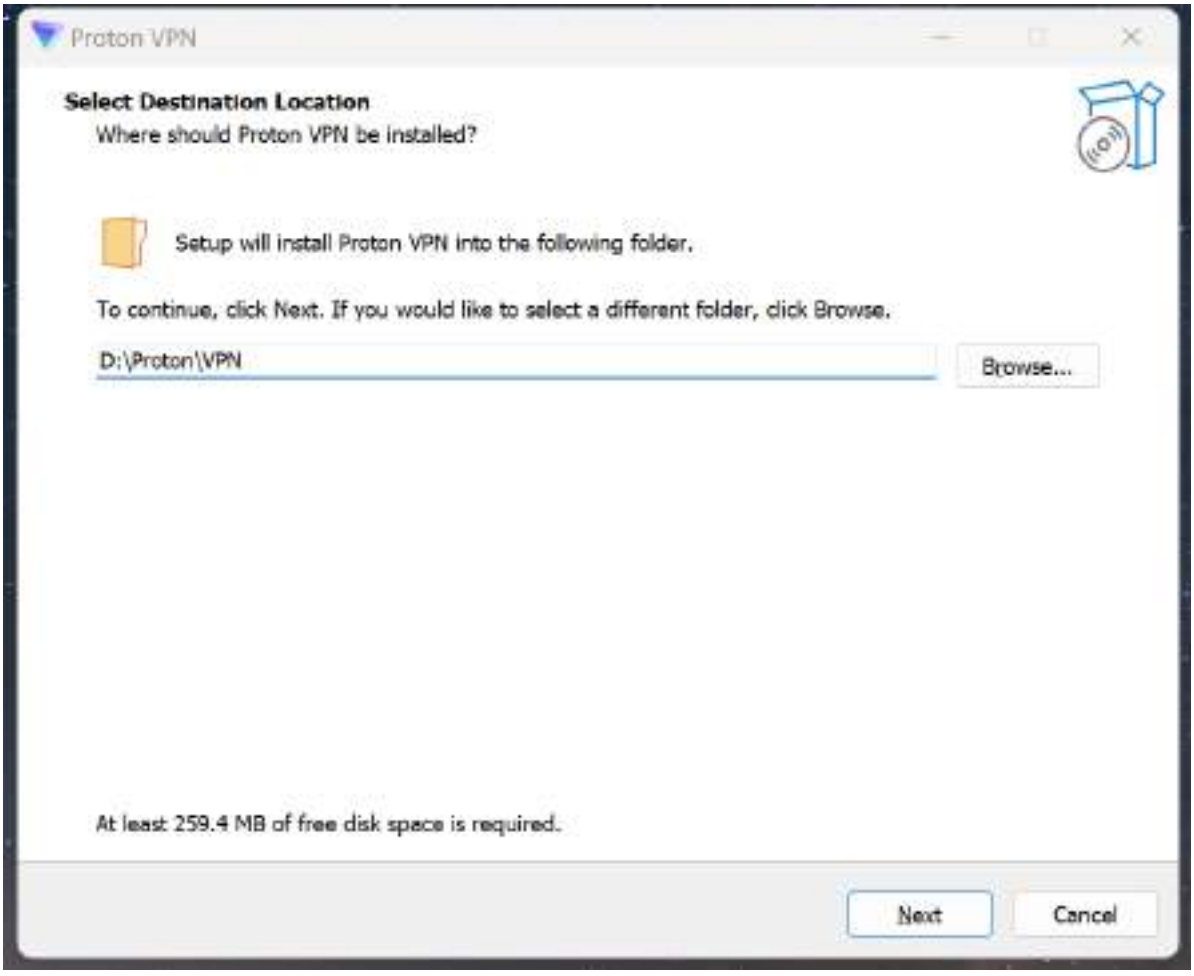
这个就是下载好的安装包！！



第三步，双击进行安装！

选择English即可，没有中文的！

然后选择安装路径，点击next，一直点即可！



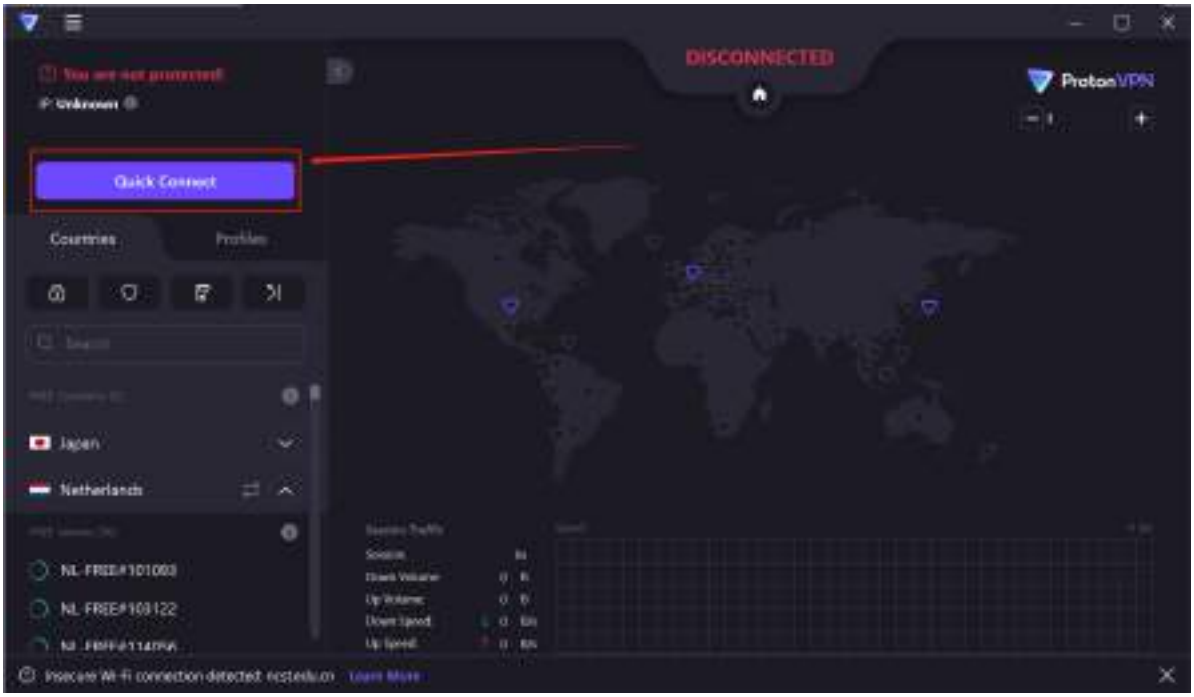
第四步 开始使用

双击打开vpn软件

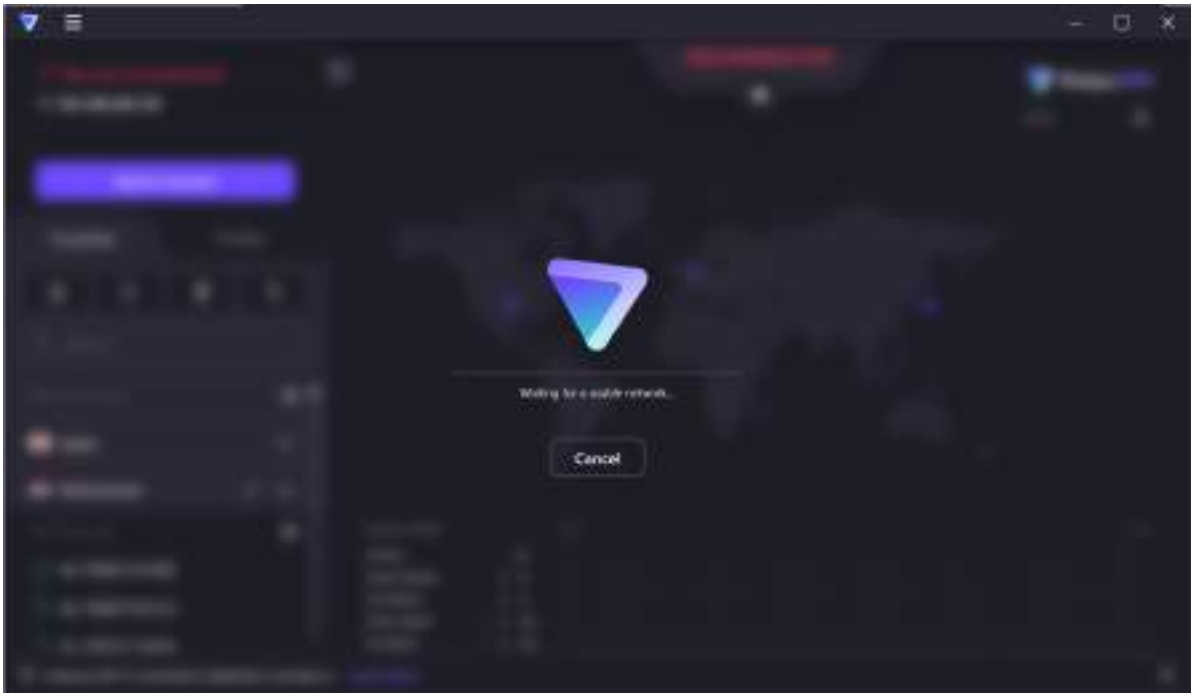
输入我们之前在网站注册的邮箱地址和密码（首次登陆需要科学上网，请自行解决！）

登陆成功之后，我们就可以把之前的科学上网的软件关闭了！

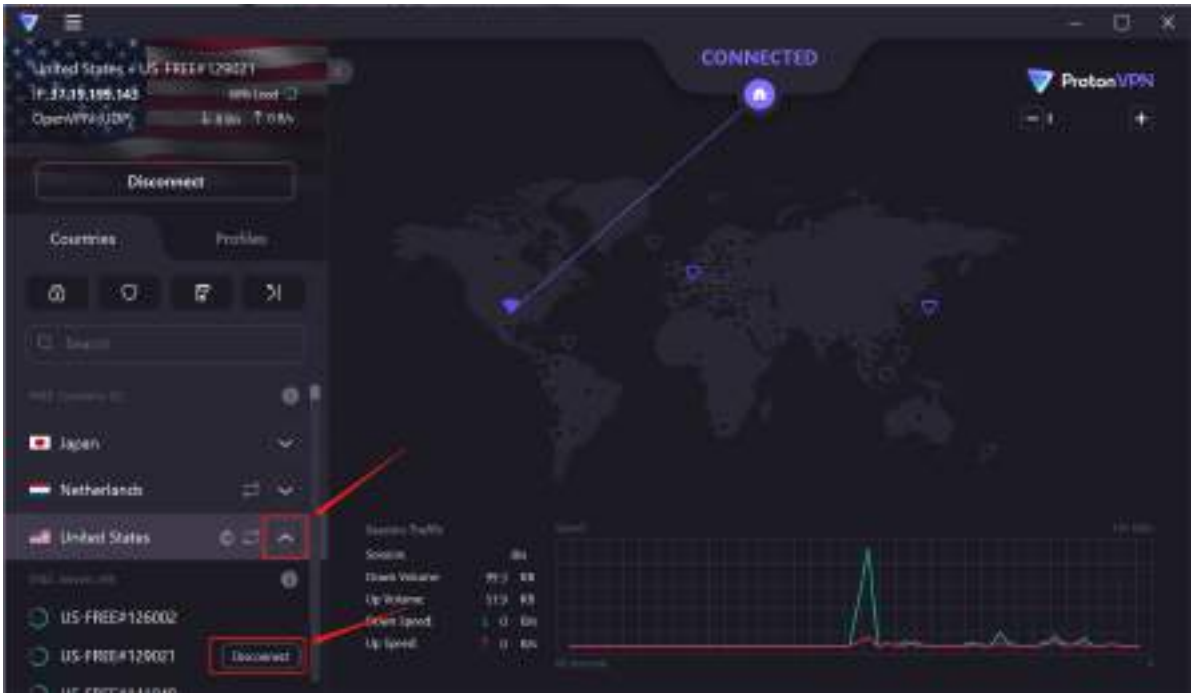
登录成功之后，点击quick Connect



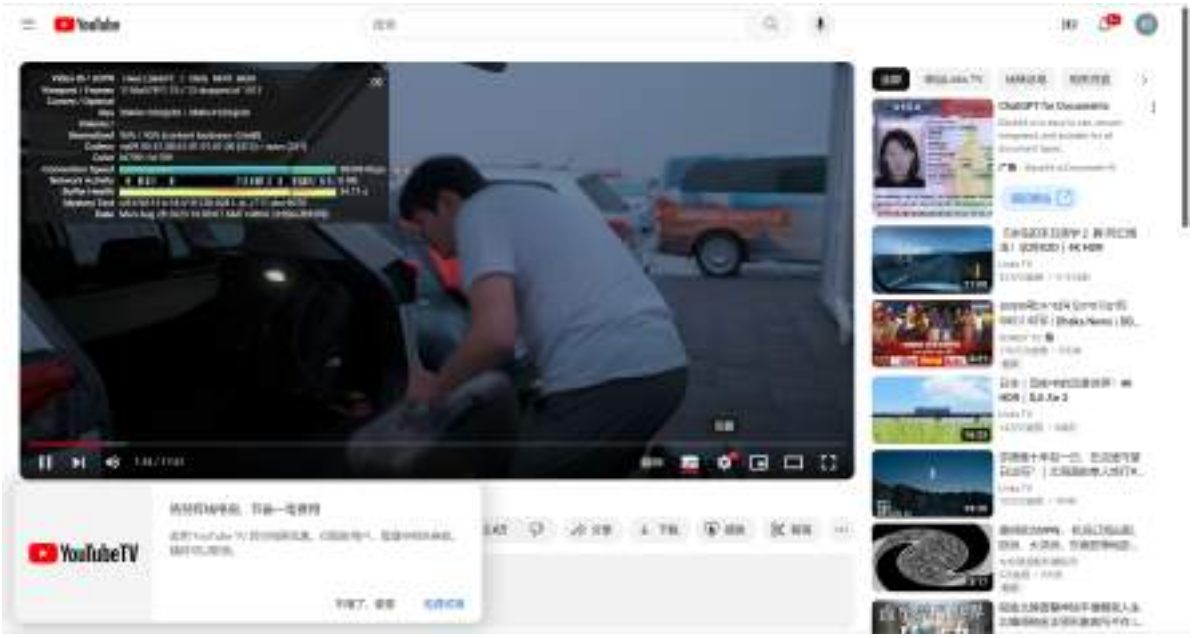
等待一段时间！！！（大概三分钟到十分钟时间）



我们也可以自行选择我们想要的节点（我们只能选择这三个国家 日本，荷兰，美国 因为是免费的原因）



连接成功

第五步 测试是否可以使用，以及网速如何

根据我的测试，美国的节点相对来说是比较快的，可以达到将近4w的速度。